

"Integration and Innovation: Families, Providers, Communities, Forging Partnerships for Recovery"

The Addiction Nursing Institute: Modernization of Nursing Approach to Continuing Care in Addiction Treatment Sunday, September 23, 2018 • 9:00am – 4:45pm

Location:

This year's Nursing Institute pre-conference will explore research findings relevant to addiction nursing practice. It highlights interventions promoting breastfeeding in women with opioid use disorder, non-pharmacologic measures to manage insomnia, ethical issues in therapeutic relationships, and professional wellness. Workshops will enhance the nurses' capacity to select patient specific interventions based on clinically informed evidence-based practices.

9:00 am to 9:30 am Registration

9:30 a.m. to 10:30 a.m.

Opening Plenary

Presenters:

John Coppola

Executive Director, Alcoholism and Substance Abuse Providers of NYS

Robert Kent, JD

NYS OASAS General Counsel

Madeline Naegle PhD, CNS-PMH, FAAN

Professor Emeritus NYU

Session 1: 11:00 a.m. to 12:15 p.m.

Ethical Issues for Nurses in Treatment of Substance Use Disorder

This section will use a case study approach to explore ethical concerns that may occur in substance use disorder treatment. A definition of ethical nursing practice will be established. Discussion will center on relationship issues between staff and patients and value conflicts.

Panel Members

Dr. T Curran, MD

SUNY Upstate Medical Center

Madeline Naegle PhD, CNS-PMH, FAAN

Professor Emeritus NYU

Michele Falkowski, RN, BSN CARN

NYS OASAS

12:15 p.m. to 1:00 p.m. - Lunch

Session 2: 1:00 p.m. to 2:30 p.m.

Caring for Our Colleagues and Caring for Ourselves

This session will provide attendees with an overview of services available through the Statewide Peer Assistance for Nurses (SPAN) program followed by a nurse's narrative of addiction, recovery and hope. This final segment of the session will be an interactive presentation on self-care that will include self-assessment and stress management tools. Attendees will be guided through some basic yoga poses that can easily be incorporated into daily life both at work and at home.

Presenters:

Becky Eisenhut, MSN, RN, CASAC, CARN,
SPAN Outreach Coordinator NYSNA

Michelle Schultz, RN, BSN

SPAN Regional Coordinator NYSNA

Session 3: 2:30 p.m. to 3:30 p.m.

Interventions That Promote Breastfeeding in Women Treated for Opioid Use Disorder (OUD)

Rates of breastfeeding are low in women with OUD, despite recommendations from the American College of Obstetricians and Gynecologists and the American Society of Addiction Medicine. This presentation will review those recommendations and discuss the risks and benefits of breastfeeding in women on opioid maintenance therapy (OMT). It will further review the state of the science of interventions that support breastfeeding for women on OMT.

Presenter:

Margaret Doerzbacher, RN, MS, NNP-BC

Department of Family, Community, and Health Systems Sciences

University at Buffalo School of Nursing

3:30 p.m. to 3:45 p.m. - Break

Session 4: 3:45 p.m. to 4:45 p.m.

Non -Pharmacologic Methods to Manage Insomnia in the Substance Abusing Client

This section will review basic sleep physiology and explore the pathophysiology of sleep related complaints in the patient with substance use disorder. A menu of evidence-based, non - pharmacological interventions that nurses can recommend to their patients over the recovery spectrum will be presented.

Presenter:

Zena Hyman, DNS, +ANP-BC

Stutzman Addiction Treatment Center, Buffalo, NY